## sexual violence



## These are all examples of sexual violence.

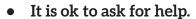
Most sexual assaults happen by people who know the victim: a friend, a family member, a teacher, or the person you're dating or seeing.

## I think I was sexually abused... what do I do now?









- Talk to someone you trust—and ask them if they can keep it confidential.
- Call the Iowa Victim Service Call Center for confidential support at (800) 770-1650 or text "IOWAHELP" to 20121.
- You have rights: call IowaCASA for confidential legal info at (515) 244-7424.



3030 Merle Hay Road Des Moines, IA 50310 (515) 244-7424 www.iowacasa.org

